

Contact Loren at
(815) 625-0771 or
Loren@BlackhawkLanes.com
to arrange for services.

Services and Rates

- One hour private lesson
\$40.00.
- One hour private lesson
with video analysis \$50.00.
- 1/2 hour private lesson
\$21.00.
- Call for a current
information on camps,
clinics and classes.

Bowling fees are not included
in these prices, they are the
responsibility of the client.



Bowling MaXXX
Pro Shop & Coaching
"Take your game to the MaXXX"

2325 East Lincolnway
Sterling, Illinois 61081

(815) 625-0771

WWW.BLACKHAWKLANES.COM

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COACHING
SERVICES

Provided by:
USBC Silver Certified Coach
Loren Wolf

- Private Lessons
- Group Lessons
- Camps-Clinics
- Bowler Analysis
- Arsenal Creation
- Video Analysis

Private lessons can include an evaluation of your equipment, physical abilities and goals. Your stance, approach and finish position will be analyzed from both the side and back perspectives. Ball speed, rev rate, axis rotation & axis tilt can be used to determine bowler type. This will be useful in equipment selection and drilling pattern selection.

About Loren Wolf

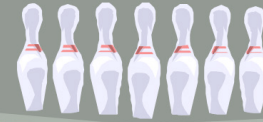
Loren attended Silver intermediate bowlers. Coaches Training Before that he received in June 2008. This Level I certification in 3-day conference is November 2005, for an advanced level of coaching youth and training & certification designed for individuals wanting to increase their coaching skills and professionalism to the advanced level. This is the recommended course for collegiate coaches. To be certified requires a minimum score of 80% on a written test and 80% on a video analysis test. Loren scored 94% on the written test and 100% on the video analysis test. As prerequisite to this training he attained Bronze level certification in May 2007, which deals with coaching



lessons to adults and children for many years. Loren has been in the Pro Shop business since November of 1978. With these over 30 years of experience, he is an expert at fitting and drilling a bowling ball. He has successfully solved fit problems

and is exceptionally qualified to check ball fit. Through his work in the Pro Shop he has an in-depth understanding of ball construction and layout techniques to control ball motion on the lanes. Now with that knowledge and the ability to analyze and determine bowler type, from coaches and ball company training he has the ability to match up bowler, ball and lane conditions and design an arsenal for the high end bowler. Loren attended a shoe training seminar by Dexter Shoes and also through the coaches training can identify problems shoes may be causing your game. Loren's time in the bowling business has

all been spent with Blackhawk Lanes where he has and does hold many other positions including lane care and maintenance technician which gives him a thorough understanding of lane construction, surfaces and lane conditioning. Loren was certified by the USBC predecessor ABC/WIBC (American Bowling Congress/ Women's International Bowling Congress) as a Certified Lane Inspector in August 1985. He is responsible for applying Certified Sport Bowling conditions at the center including the PBA Experience leagues. This, along with the silver coaches training, aids in instructing on lane play and adjustments.



- Improve your physical game or lane play skills with private lessons for any skill level.
- Group lessons available for beginning to intermediate level bowlers.
- Camps or Clinics are available concentrating on the physical game, lane play & other topics.
- Bowler analysis to determine bowler type will help match you with the right equipment and drillings.
- Create an arsenal of equipment to handle different lane conditions and bowling centers.

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